

Volunteer Opportunities at Children & Family Urban Movement



ELEMENTARY PROGRAMMING (GRADES K-5)

Contact Atalie Ferring at atalie@cfum.org or (515) 282-3242 unless otherwise specified

Breakfast Club Program Volunteer

6:30 a.m. – 8:15 a.m., Monday through Friday all year round

Play and interact with children in grades K-5 and assist with homework if needed.

Breakfast Club Chef

6:00 a.m. – 8:15 a.m., Monday through Friday all year round [breakfast served 7:00 a.m. – 7:55 a.m.]

Cook or provide the meal to 65 children in grades K-5 [CFUM can provide food to cook].

Breakfast Club Server

6:30 a.m. – 8:15 a.m., Monday through Friday all year round [breakfast served 7:00 a.m. – 7:55 a.m.]

Help serve the meal to children that are in the Breakfast Club.

Haven Program Volunteer

3:20 p.m. – 5:30 p.m., Monday, Tuesday, Thursday, and Friday throughout the school year

1:30 p.m. – 5:30 p.m., Wednesday throughout the school year

Play and interact with children in grades K-5 and assist with homework.

Awesome Days Program Volunteer

9:00 a.m. – 5:30 p.m., Monday through Friday during fall, spring, and summer breaks

Play and interact with children in grades K-4 and assist on field trips.

Power Breakfast Reading Mentor

7:15 a.m. – 8:00 a.m., Wednesdays throughout the school year

Commit to reading with one child in grades K-3 for the year in a reading mentorship role.

Contact Emily Miltenberger at powerbreakfast@everybodywinsiowa.org or (515) 282-3242

Haven Kindergarten/1st Grade Reading Mentor

3:00 p.m. – 3:30 p.m., Wednesdays throughout the school year

Commit to reading aloud to children in grades K-1 in small groups or one-on-one.

Contact Janelle Mueller at janelle@cfum.org or (515) 282-3242

Haven 2nd Grade Reading Mentor

3:40 p.m. – 4:30 p.m., Tuesdays throughout the school year

Commit to reading with one child in grade 2 for the year in a reading mentorship role.

Contact Janelle Mueller at janelle@cfum.org or (515) 282-3242

[See back for additional opportunities →](#)

GENDER-SPECIFIC PROGRAMMING (GRADES 5-12)

Contact Vince Lewis at vince@cfum.org or (515) 244-5007

Wonder Girlz Youth Volunteer

3:20 p.m. – 5:00 p.m., Mondays throughout the school year
Assist CFUM staff in working with female youth in grade 5.

5th Grade Crew Youth Volunteer

3:20 p.m. – 5:00 p.m., Fridays throughout the school year
Assist CFUM staff in working with male youth in grade 5.

Whyld Girls Youth Volunteer

3:20 p.m. – 5:00 p.m., Monday through Friday throughout the school year
Assist CFUM staff in working with female youth in grades 6-12.

Backyard Boyz Youth Volunteer

3:20 p.m. – 5:00 p.m., Monday through Thursday throughout the school year
Assist CFUM staff in working with male youth in grades 6-12.

Life Coach

2-4 hour/month commitment- Time TBD between mentor and mentee
Function as a mentor for one middle school or high school student [training is provided].

Gender-Specific Advisory Board Member

2 hour/month commitment- Time TBD between board members
Act as a board member for the Advisory Board for middle and high school programming.

SPECIAL EVENTS

Contact Atalie Ferring at atalie@cfum.org or (515) 282-3242

Back to School Health Fair Volunteer

Wednesday in mid-July [prep work occurs on Monday/Tuesday prior to event]
Organize donations, volunteer at the fair, or donate \$20 for school supplies for one Moulton child.

Thanksgiving Eve Dinner Volunteer

4th Wednesday of November [day before Thanksgiving]
Help prep, serve, or bring in food for holiday meal.

OTHER OPPORTUNITIES

Cleaning and Organizing Guru

2-3 hour commitment between 9:00 a.m. – 3:00 p.m., Monday through Friday
Organize and sort donations, maintain program supplies, clean designated areas.
Contact Atalie Ferring at atalie@cfum.org or (515) 282-3242

Food Donor

Contribute food or beverages for elementary and gender-specific programming.
Contact Abigail Livingood at abigail@cfum.org or (515) 282-3242

Financial Donor

Contribute financially through gift cards or monetary donations.

Contact Linda Danielson at linda@cfum.org or (515) 282-3242

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